



healthware[®]

20 Feb 2020

DTxITA Accesso e Modelli di Business: Scenario Internazionale

**We just saw the highly
promising world of DTx**

How do we grant access and sustainability to them ?

Payers readiness

- A recent research of payers shows a clear gap between payers recognizing the value of DTx in certain areas, and their ability to evaluate such solutions.

Applicable Area

Figure 2 Most Applicable Disease States for Digital Health

Number of mentions, n=10 payers



High Perceived Value

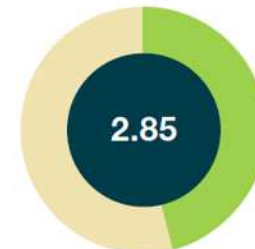
Value of digital health solutions across therapeutic areas



On a scale of one to five, with five being “very valuable,” the average response was 4.38

Low preparedness

Organisation’s preparedness to evaluate digital health solutions



On a scale of one (not prepared) to five (very prepared). Respondents admitted to having little experience with such evaluations.

<http://www.iconplc.com/insights/value-based-healthcare/payers-perspectives-on-digital-therapeutics/>

Payers perspectives on clinical evidence

- Payers are interested in clinical evidence from RWE, beyond data from traditional clinical trials.
- Besides clinical outcomes, it is necessary to also demonstrate the benefits for:
 - ✓ Reduced costs on hospital admissions and readmissions
 - ✓ Reduced use of drugs
 - ✓ Better adherence

Relevance of RWE

Likelihood to use real-world outcomes for coverage decisions



On a scale of one (not likely) to five (very likely), the average response was 4.4.

<http://www.iconplc.com/insights/value-based-healthcare/payers-perspectives-on-digital-therapeutics/>

**The field is fragmented but
evolving rapidly and
substantially in several
countries**

Country Case

USA

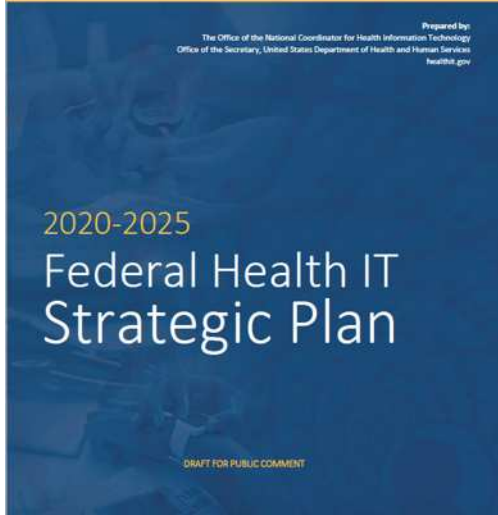
USA: scenario

Very heterogeneous marketplace with many fees paid directly by users, and increasingly also by other players



- **Millions of paying users** by way of monthly subscription fees
- **Private health insurers, some hospital providers, e large employers** are beginning to license or develop proprietary DTx solutions for their members and employees.

USA: DTx included in the federal plans for 2020-2025



- Development of plan for use of DTx in prevention and management and treatment of health conditions.
- Necessity for digital solutions to show clinical evidence
- Access needs to be via consumer smartphones, tablets e other personal devices

FDA 510k / 505(b)(2)

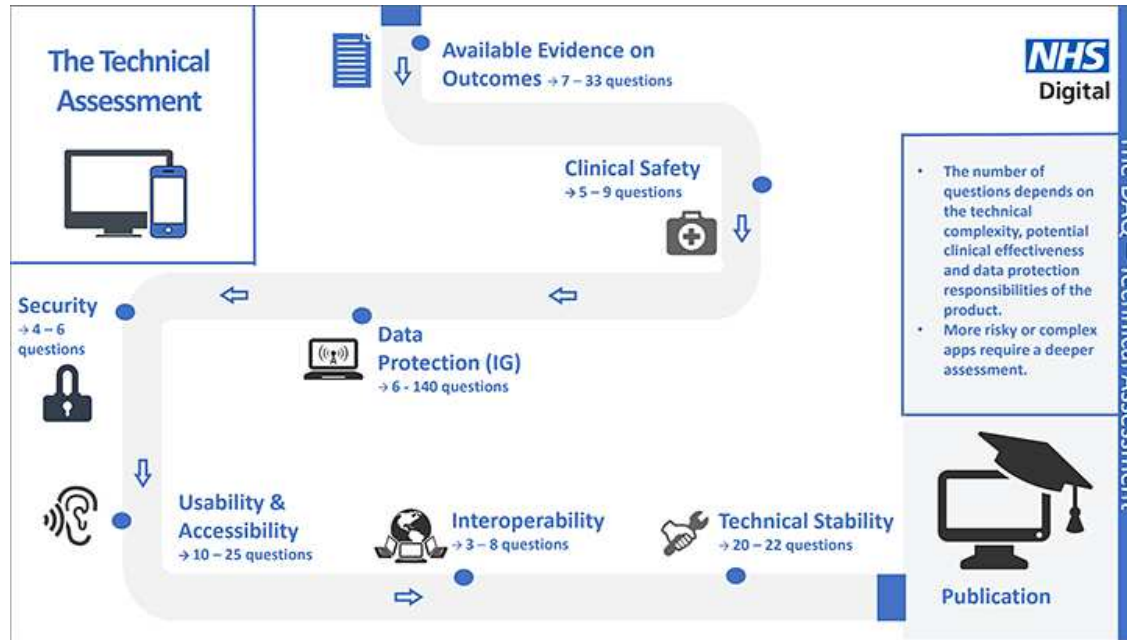
- **FDA 510(k) premarket device application** (DTx stand-alone software devices)
 - The device (even software) is at least as safe and effective and substantially equivalent, to a legally-marketed device (Pear's reSET-O device was approved through this pathway)
- **FDA 505(b)(2) application** (reformulations and combo improvements of existing drugs)
 - Can use pre-existing study data (even non-licensed) as part of the submission (with a very significant savings in NDA costs and timelines)
 - Original drug can be combined with a device for improvement (software device as well).
 - Request for non-patent exclusivity is possible for the new developed combo solution

Country Case

UK

NHS' Digital Health access pathway

- Digital medicines are reimbursed through the standard NHS reimbursement pathway used for drugs.
- Specific standards and access pathways are being developed for digital medicines when seeking an evaluation by NICE as part of the Medical Technologies Evaluation Program.



<https://digital.nhs.uk/services/nhs-apps-library/guidance-for-health-app-developers-commissioners-and-assessors/how-we-assess-health-apps-and-digital-tools>

NICE: Assessment of DTx

NICE (National Institute for Health and Care Excellence) has completed the Health Technology Assessment (HTA) for several DTx solutions, including Sleepio e Deprexis, reporting overall positive results with regards to clinical efficacy, impact on costs and resources and benefits to the end users.

NICE National Institute for
Health and Care Excellence



Health app: Sleepio for adults with poor sleep

Medtech innovation briefing
Published: 9 November 2017
[nice.org.uk/guidance/mib129](https://www.nice.org.uk/guidance/mib129)

NICE National Institute for
Health and Care Excellence

Search evidence...

NICE Pathways

NICE guidance

Standards and indicators

Evidence search

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

Digital psychological therapy briefing

Deprexis for adults with depression

23 January 2018

NHS Roadmap for patient digital services

- The NHS has developed, and continues to update an extensive set of digital resources for patients (currently in its 5th version)



Multiple-markets example

Sleepio: Provisioned & Reimbursed in UK and US



Sleepio is a digital sleep improvement program designed to treat insomnia using Cognitive Behavioral Therapy (CBT).

- **UK:** Partnership with the NHS
 - Available for free (by license) to 8M users in London and 2,3M users in the Thames Valley.
- **USA:** Included in the formulary of CVS Health
 - Administrator for the health and medicines benefit plans of large employers in the US.
 - 12 million employees now have free access to Sleepio via their health benefit plans, alongside traditional medicines.

Additional cases of reimbursement (DH o DTx)

- There are several other important examples of reimbursed digital solutions at the global level. The links below have additional information on them, and have been included for distribution.
 - [Express Scripts' Digital Health Formulary: A Foundation for the Future of Pharmacy](#) (12 Dicembre 2019)
 - [Blue Cross and Blue Shield of Minnesota Launches Omada's Type 2 Diabetes Management Program](#) (13 Novembre 2019)
 - [Big Health's Sleepio product receives coverage by the NHS](#) (20 Maggio 2019)
 - [WellDoc's BlueStar product receives coverage by Business Health Care Group](#) (14 Maggio 2019)
 - [Omada Health's product receives coverage by Priority Health](#) (3 Ottobre 2018)
 - [Palo Alto Health Sciences's Freespira product receives coverage by Highmark Inc.](#) (24 Settembre 2018)
 - [Omada Health's product receives coverage by Cigna](#) (18 Settembre 2018)
 - [Propeller Health's product receives coverage by Anthem Blue Cross and Blue Shield](#) (16 Agosto 2018)
 - [Voluntis' Insulia product receives coverage by WellDyneRx](#) (14 Maggio 2018)
 - [Propeller Health's product receives coverage by Express Scripts](#) (16 Novembre 2017)

Aggiornamento febbraio 2020; dettagli disponibili su <https://dtxalliance.org/dtxcoverage/>)

Country Case

France

France

- La HAS (Haute Autorité de Santé) approved a telehealth law in 2019, allowing medical and other health practitioners to be reimbursed for patient consultations held via approved video conferencing platforms
- Reimbursement for digital health tools prescribed through the telehealth platforms has also been formalized,
- Insulia-Diabeo is the first digital health solution being approved, setting the precedent that other digital health solutions can follow for reimbursement in France.

Country Case

Germany

DVG: The new milestone for patients and providers

Approval of the new rules to support digital innovation in health (**Digitale-Versorgung-Gesetz, DVG**)
November 2019 –

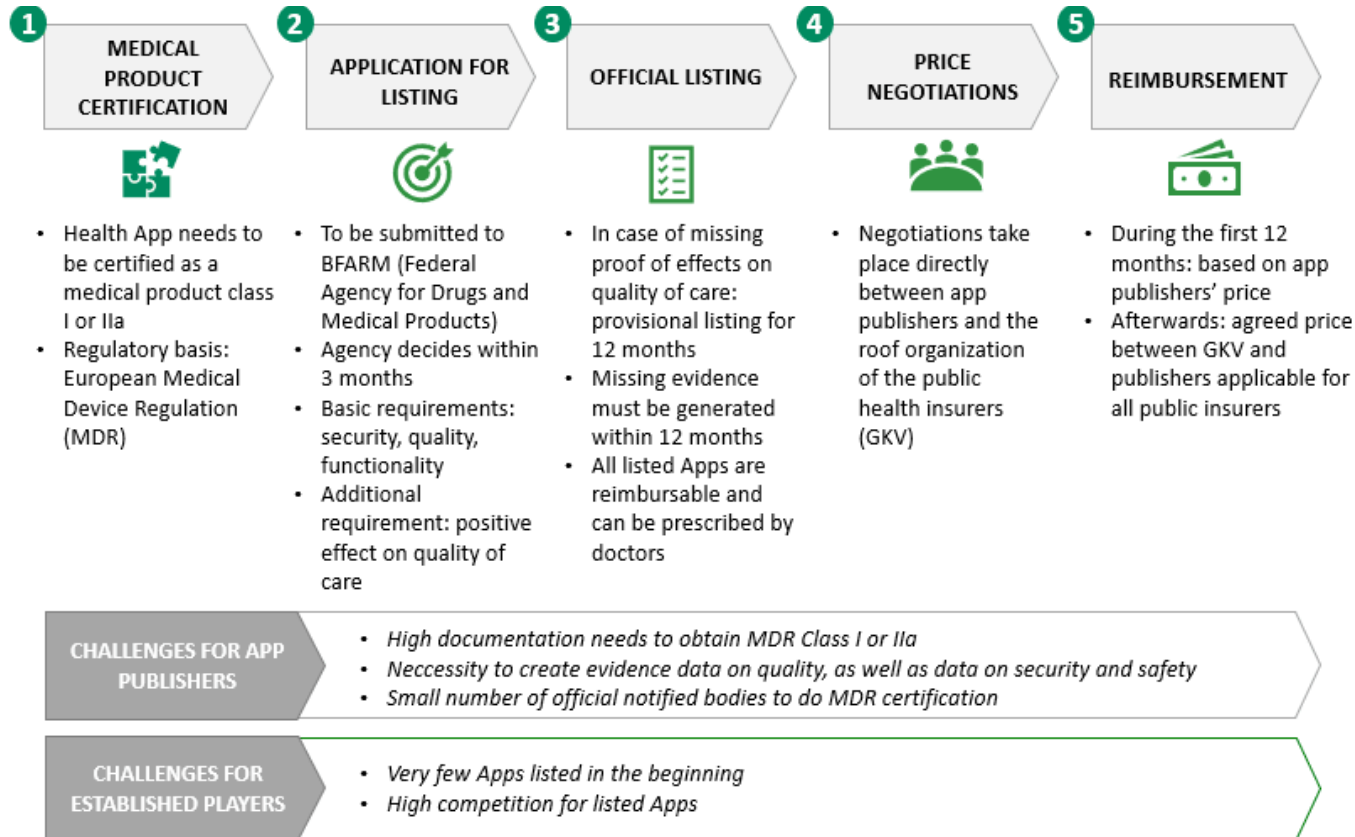
- **Prescrivability** of DH / DTx solutions on the part of doctors, and pathway to their reimbursement from the national health system
- Availability of a **fast-track** approval procedure to facilitate DTx accessing the marketplace
- **Access to 72 million German citizens** covered by the national health system.

Which solutions are included in the DVG?

- DH / DTx (main functionality digital) solutions that qualify as class I or IIa medical devices
- Diagnosis, monitoring, treatment of pathologies or improvement of the health services related to them
 - However, the reimbursement rule does not initially apply to digital apps that help to make medical diagnoses (this may be amended in the future).



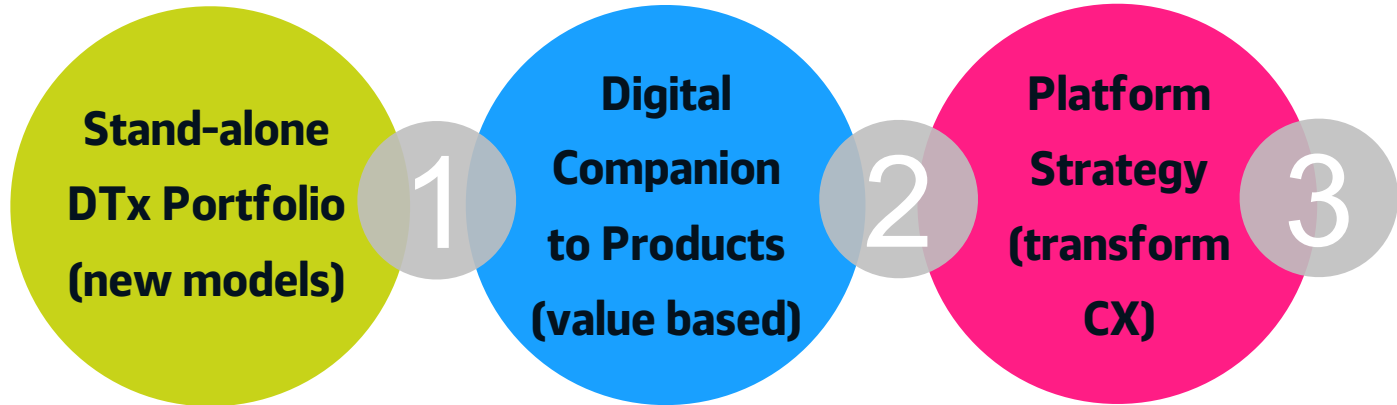
The Fast Track Process



CONCLUSIONS

Going Forward

Strategic Opportunities for the Industry



Important to focus on the patient journey



Accelerate access to the right pathway or treatment

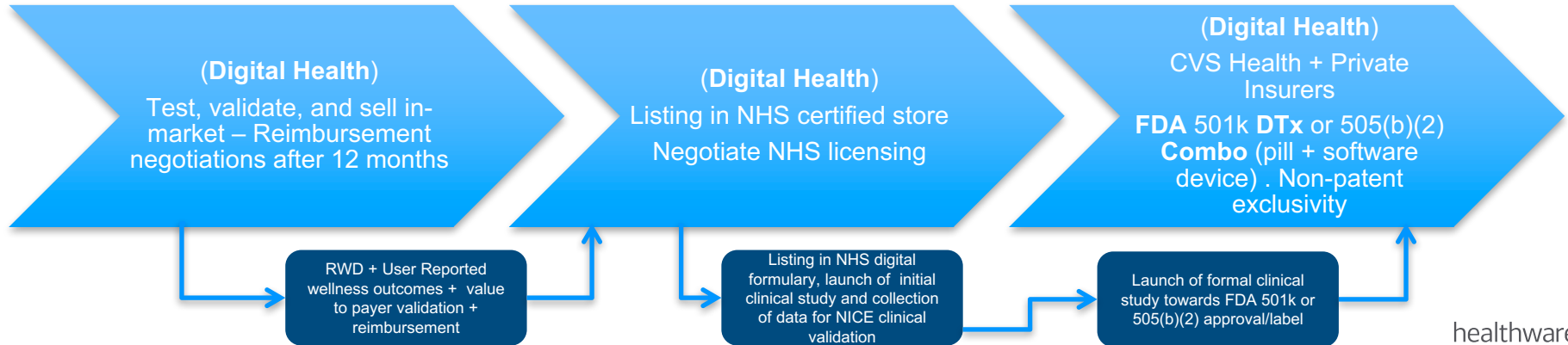
Diagnose sooner or predictively and continuously monitor

Timely treat with optimal workflow

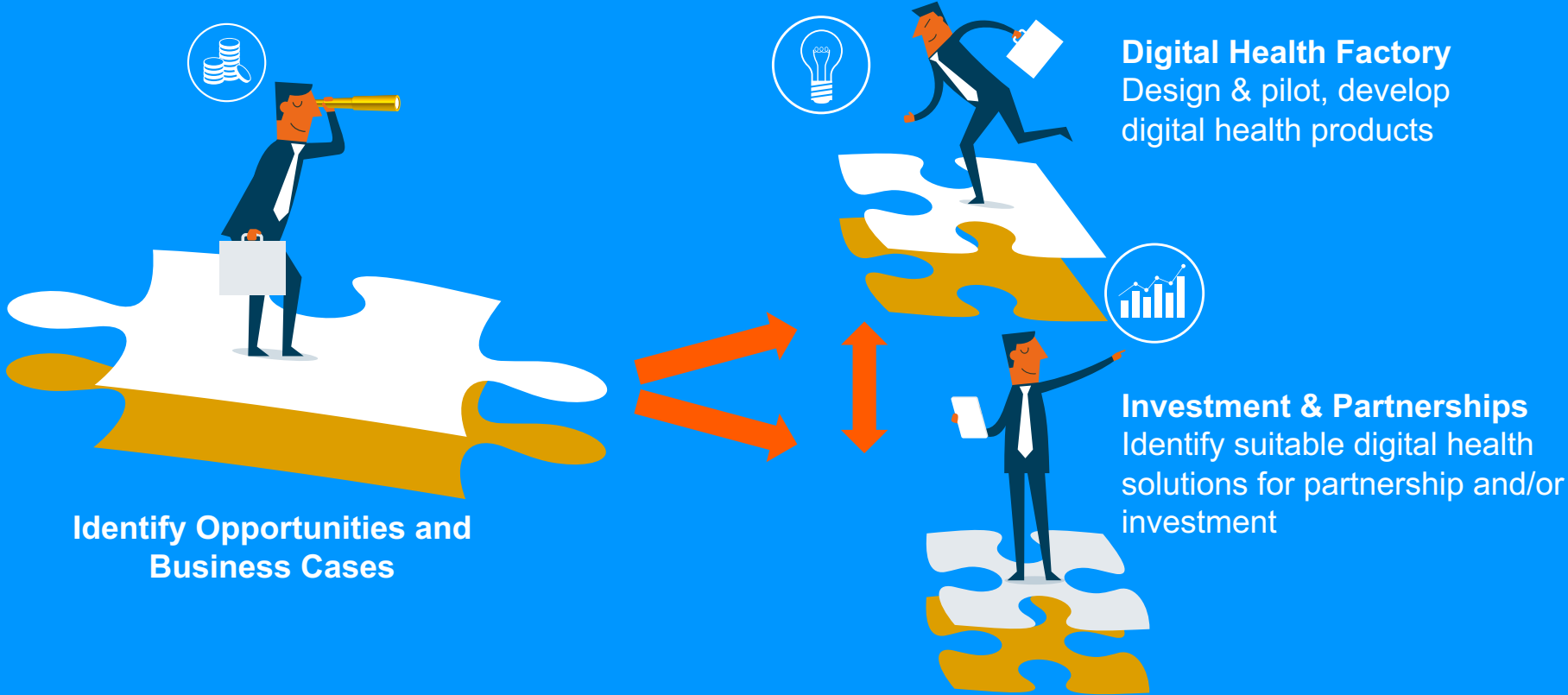
Empower patients through adherence and behavior change.

Seamless engagement between patients and physicians

Potential DH/DTx progression strategy



Execute through a Build/Buy/Partner/Invest Process



Take-aways

Payers interested in DTx

They understand the potential but need clear guidance, based on RWD validation, to respond in a correct and timely fashion

International Scenario

Is beginning to provide examples of access, acceleration of the go-to-market and reimbursement models for various DTx

Pharma & MD companies

Are beginning to staff up with internal capabilities to be able to develop DTx solutions; some with ambitious therapeutic area targets as their objective.

Opportunity

To scale solutions aided by capital, partnerships, HCP desire to embrace digital health, TA vertical expertise, increased access. Very viable for Italy.

Thank you.



Roberto Ascione

CEO and Founder

roberto.ascione@healthwaregroup.com

+39 348 3308872

@healthware_intl | @healthware_ita
[linkedin.com/company/healthware-international](https://www.linkedin.com/company/healthware-international)
[facebook.com/healthwareintl](https://www.facebook.com/healthwareintl)
[instagram.com/healthware_intl](https://www.instagram.com/healthware_intl)

www.healthwaregroup.com

healthware
NEXT-GEN HEALTH CONSULTANCY